

TERMS & CONDITIONS

Black Girl Sabbaticals

Effective Date: February 11, 2024

These Terms and Conditions ("Terms") govern your use of services, products, and experiences offered by +1, Inc., doing business as PLUS ONE society ("Company," "we," "us," or "our"), including the Black Girl Sabbaticals program. By accessing or purchasing from our website, you agree to these Terms.

Rest is not earned. It is the access point.

01.

Scope of Services

The Company provides:

- Digital products (courses, guides, downloads)
- Physical products (including journals and merchandise)
- Programs and experiences (including Black Girl Sabbaticals offerings)
- In-person events, retreats, and gatherings

All offerings are designed as personal development and lifestyle experiences, not medical, legal, or financial services.

02.

Eligibility

You must be at least 18 years old to use our services or make purchases. By using our services, you confirm that you meet this requirement.

03.

Purchases and Payments

All prices are listed in USD unless otherwise stated.

By purchasing, you agree to:

- Provide accurate billing and contact information
- Pay all applicable fees, taxes, and shipping costs
- Authorize payment processing through third-party providers

We reserve the right to refuse or cancel orders at our discretion.

04.

Digital Products

All digital product sales are final. Due to the nature of digital content, we do not offer refunds, exchanges, or cancellations once access has been granted.

05.

Physical Products

We aim to ensure quality and accuracy in all physical products. If you receive a damaged or incorrect item, you must contact us within 7 days of delivery. Eligible resolutions may include replacement or store credit at our discretion. Shipping timelines are estimates and not guaranteed.

06.

Programs, Events, and Retreats

Participation in any program or in-person experience is voluntary.

By registering, you agree:

- You are responsible for your own physical, emotional, and mental well-being
- You understand these experiences are not therapy or medical care
- You assume all risks associated with participation

We reserve the right to modify, reschedule, or cancel events.

07.

Assumption of Risk and Release

To the fullest extent permitted by law, you agree to release and hold harmless: +1, Inc., PLUS ONE society, Black Girl Sabbaticals, and all affiliates, officers, contractors, and partners from any claims, damages, or liabilities arising from:

- Participation in programs or events
 - Use of products or services
 - Travel to and from experiences
-

08.

Intellectual Property

All content is owned by the Company, including:

- Courses, materials, and frameworks
- Branding, logos, and visuals
- Written, audio, and digital content

You may not reproduce, distribute, modify, or resell any content without written permission.

09.

User Conduct

You agree not to:

- Use our services for unlawful purposes
- Share or distribute proprietary content
- Disrupt or interfere with our platform or community

We reserve the right to remove access for violations.

10.

Third-Party Services

We may use third-party platforms (payment processors, email systems, hosting providers). We are not responsible for the policies or practices of these third parties.

11.

Disclaimer

All content and experiences are provided "as is." We make no guarantees regarding outcomes, results, or personal transformation.

12.

Limitation of Liability

To the fullest extent permitted by law, the Company shall not be liable for any indirect, incidental, or consequential damages arising from your use of our services.

13.

Indemnification

You agree to indemnify and hold harmless the Company from any claims arising from your use of services or violation of these Terms.

14.

Governing Law

These Terms are governed by the laws of the State of Illinois, without regard to conflict of law principles.

15.

Changes to Terms

We may update these Terms at any time. Continued use of our services constitutes acceptance of the updated Terms.

16.

Contact

For questions regarding these Terms:

Black Girl Sabbaticals

A program of +1, Inc. dba PLUS ONE society

Email: rest@blackgirlsabbatical.com

Every touchpoint should feel like:

"I can rest here — and I can trust myself again."

BGS Terms & Conditions · Version 1.0 · 2024