

PRIVACY POLICY

Black Girl Sabbaticals

Effective Date: February 11, 2024

Black Girl Sabbaticals is a program operated by +1, Inc., doing business as PLUS ONE society (“Company,” “we,” “us,” or “our”).

This Privacy Policy explains how we collect, use, disclose, and protect your information when you engage with our website, digital platforms, products, services, and in-person experiences.

*Your privacy is not just protected.
It is respected as part of your safety.*

01.

Scope of This Policy

This Privacy Policy applies to all interactions with:

- Black Girl Sabbaticals (programs, content, and offerings)
 - PLUS ONE society (parent company operations)
 - Digital products (courses, downloads, quizzes)
 - Physical products (including journals and merchandise)
 - In-person gatherings, retreats, and events
 - Website and third-party platforms we use
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02.

Information We Collect

We collect information necessary to provide a seamless and secure experience.

Personal Information

When you interact with us, we collect:

- Name
 - Email address
 - Mailing and billing address
 - Phone number (if provided)
 - Payment information (processed securely via third-party providers)
 - Responses to quizzes, forms, or surveys
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03.

Usage Data

We may automatically collect:

- IP address
- Browser type and device
- Pages visited and time spent
- Referral sources

Event & Experience Data

For in-person gatherings or retreats, we may collect:

- Emergency contact information
 - Health or accessibility needs (if voluntarily provided)
 - Travel-related details (when necessary for coordination)
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04.

How We Use Your Information

We use your information to:

- Fulfill purchases (physical and digital products)
- Deliver programs, courses, and experiences
- Personalize your journey within Black Girl Sabbaticals
- Communicate updates, offerings, and resources
- Improve our services and user experience
- Maintain safety and integrity at in-person events

You may opt out of marketing communications at any time.

05.

How We Share Information

We do not sell, rent, or trade your personal information.

We may share your information only with trusted third parties necessary to operate our business, including:

- Payment processors
- Email and marketing platforms
- Website and analytics providers
- Event and logistics partners (for in-person experiences)

All third parties are required to maintain confidentiality and data protection standards.

06.

Data Protection

We implement commercially reasonable safeguards to protect your information.

However, no digital system is completely secure. By using our services, you acknowledge this inherent risk.

07.

Your Rights

Depending on your location, you may have the right to:

- Access the personal data we hold about you
- Request corrections
- Request deletion of your data
- Withdraw consent from marketing communications

To make a request, contact: rest@blackgirlsabbatical.com

08.

Cookies and Tracking Technologies

We use cookies and similar technologies to:

- Improve website functionality
- Understand user behavior
- Enhance your experience

You may adjust your browser settings to decline cookies.

09.

In-Person Experiences

Participation in events, retreats, or gatherings may involve:

- Voluntary sharing of personal or health-related information
- Photography or video capture for brand documentation

By attending, you acknowledge and consent to reasonable use of media unless otherwise stated in writing.

10.

Children's Privacy

Our services are not intended for individuals under 18. We do not knowingly collect data from minors.

11.

Changes to This Policy

We may update this Privacy Policy as needed. Updates will be reflected by a revised Effective Date. Continued use of our services constitutes acceptance of those updates.

12.

Contact

For questions, requests, or concerns:

Black Girl Sabbaticals

A program of +1, Inc. dba PLUS ONE society

Email: rest@blackgirlsabbatical.com

Every touchpoint should feel like:

“I can rest here — and I can trust myself again.”

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